

# Parent Tip #4

Check in with your teen about their plans and ask about alcohol.

## 21 reasons

to prevent underage drinking.

### Tip #4: Check in Often

In Portland, 81% of students surveyed their parents talk to them about their school work every single day. In contrast, only 43% of students say their parents talked to them about the dangers of tobacco, alcohol or drug use during the past 12 months.

Know where your teen is going, who they will be with, and whether there will be adult supervision. Don't be afraid to ask about alcohol, or to ask them to call you using a landline to verify where they are.

It is never too early — or too late — to prevent underage drinking.



[PortlandPreventionTips.org](http://PortlandPreventionTips.org)