

# Parent Tip #5

Be up and ready at curfew;  
talk with your teen about their night.

## 21 reasons

to prevent underage drinking.

### Tip #5: Be Up and Be Ready

Teens are **3 times** less likely to drink if they feel they will be caught. If you need to, **set an alarm** to wake you before your teen comes home. **Give them a hug and a kiss**, and talk to them about their night.

Knowing that you'll be waiting up at home gives teens an excuse not to use. Remember, **teens can and do make mistakes**, so be ready in case they do break your rules.

It is never too early — or too late — to prevent underage drinking.

